OQEMA labs





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Gelatin-free Panna Cotta

CATEGORY DAIRY & EGG NUTRI SCORE D (ORANGE)

INGREDIENTS

Phase	Ingredient	Function	Weight (%)
Α	Double Cream	Creaminess & flavor carrier	42,5
	Milk	Solvent, enhances gel formation of carrageenan	42,5
В	Sugar	Sweetness	14,5
	Carrageenan (contains sodium chloride)	Gel formation & stabilization	0,3
	Vanilla Flavor	Flavor	0,2





METHOD

- A Mix Phase A in a pan or Thermomix. Mix Phase B and add to Phase A while continuous stirring.
- B Heat (T=90°C) while stirring for 10 min.
 Pour in desired moulds and let cool at T=4°C for 3 hours.

NUTRITION FACTS (100 g)

Energy	910 kJ/
	217 kcal
Fat	15.1 g
of which saturates	9.6 g
Carbohydrates	17.9 g
of which sugars	17.9 g
Protein	2.5 g
Salt	0.09 g

HIGHLIGHTS

- Gelatin-free
- Vegetarian friendly dessert
- Smooth and creamy texture

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